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## Inder the Paperwork Reduction Act of 1995, no persons are required to respond **DECLARATION FOR UTILITY OR DESIGN**

**PATENT APPLICATION** (37 CFR 1.63)

Declaration Submitted With Initial
Filing

OR

Declaration Submitted after Initial Filing (surcharge (37 CFR 1.16 (e)) required)

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Attorney Docket Number	HSIC-Z				
First Named Inventor	Almada, Stephen J				
	PLETE IF KNOWN'				
Application Number	10/731,914				
Filing Date	12/11/2003				
Art Unit					
Examiner Name					

I hereby declare that:							
Each inventor's residence, mailing address, and citizenship are as stated below next to their name.							
I believe the inventor(s) named below to be the original and first inventor(s) of the subject matter which is claimed and for which a patent is sought on the invention entitled:							
		Abdominal Es	xercise St	ation			
1		/Title of the Invention	i				
the specification of which		(Title of the Invention,	)				
is attached hereto							
OR							
was filed on (MM/DD/Y	m 12	2/11/2003 as Un	ited States Application N	umber or PCT International			
		111/2000	nod otatos rippiioation re	umber of POT international			
Application Number 10/	731, 914	and was amended on (MM/	DD/YYY)	(if applicable).			
I hereby state that I have reviewed and understand the contents of the above identified specification, including the claims, as amended by any amendment specifically referred to above.							
amended by any amendment	specifically refe	erred to above.					
I acknowledge the duty to di	sclose informa	tion which is material to pat	entability as defined in	37 CFR 1.56, including for			
continuation-in-part applications, material information which became available between the filing date of the prior application							
and the national or PCT international filing date of the continuation-in-part application.  I hereby claim foreign priority benefits under 35 U.S.C. 119(a)-(d) or (f), or 365(b) of any foreign application(s) for patent,							
inventor's or plant breeder's rights certificate(s), or 365(a) of any PCT international application which designated at least one							
country other than the United States of America, listed below and have also identified below, by checking the box, any foreign							
application for patent, inventor's or plant breeder's rights certificate(s), or any PCT international application having a filing date before that of the application on which priority is claimed.							
Prior Foreign Application	<u> </u>	Foreign Filing Date	Priority	Certified Copy Attached?			
Number(s)	Country	(MM/DD/YYYY)	Not Claimed	Yes No			
Additional foreign application numbers are listed on a supplemental priority data sheet PTO/SB/02B attached hereto.							

[Page 1 of 2] [Page 1 or 2]

This collection of information is required by 35 U.S.C. 115 and 37 CFR 1.63. The information is required to obtain or retain a benefit by the public which is to file (and by the USPTO to process) an application. Confidentiality is governed by 35 U.S.C. 122 and 37 CFR 1.14. This collection is estimated to take 21 minutes to complete, including gathering, preparing, and submitting the completed application form to the USPTO. Time will vary depending upon the individual case. Any comments on the amount of time you require to complete this form and/or suggestions for reducing this burden, should be sent to the Chief Information Officer, U.S. Patent and Trademark Office, U.S. Department of Commerce, P.O. Box 1450, Alexandria, VA 22313-1450. DO NOT SEND FEES OR COMPLETED FORMS TO THIS ADDRESS. SEND TO: Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450.

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## **DECLARATION** — Utility or Design Patent Application

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	Stephen	<u> </u>		UI Surrian	"HIM	iada .
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(first and middle [if any])				or Surname		
Inventor's						Date
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Additional inventors or a legal rep						
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